THE FIRST TEN: A PROTOCOL, NOT A DEBUT

Vajgrt Labs - Education - Lesson 67 of 72 - 8 min read - Updated Oct 21, 2026

TL;DR

- The first ten live trades are one experiment with a written protocol - not a debut, and not a test you pass by profiting. The protocol fixes in advance: the setups (PlayBook pages with a verdict, nothing else), the size (Lesson 3's card, locked for all ten), the pace (one position at a time; a new trade only after the previous trade's journal is written), and the exits (Stage 8's doors, unchanged).

- Every trade runs the full ritual at live weight: plan card before the ticket (Stage 7), the ticket worked from the mid (Stages 2 and 8), the fill report read and its friction journaled the same day, the entry tagged and graded (Stage 9), and the feelings filed in their own place - because Lesson 5's material is collected here, trade by trade.

- The step-back triggers are pre-committed and mechanical: any BAD trade (a rule breach, win or lose) pauses the block for its weekly-review treatment; -2R pauses it for a full audit; -3R ends it - back to paper for at least twenty compliant trades and a written review; and any change in the Stage 0 lines ends it at any score. Returning to paper under a trigger is the protocol succeeding, not the trader failing.

THE TAKEAWAYS

- Eligibility: only setups holding a PlayBook page whose verdict admits them - MINE, or IN THE BOOK on stated terms (Stage 9). CANDIDATE setups stay on paper: the block is not where a page gathers its evidence; it is where a proven page meets real money. One position at a time, and the block trades only the structure class Lesson 3's card admitted - if the PlayBook's admitted setup needs a structure the cap rejected, the block waits. The protocol does not re-open Lesson 3's arithmetic for a good chart.

- The per-trade circuit - no step skippable, in this order: (1) the plan card, written before the ticket exists (Stage 7's spread plan card: setup, structure, the three numbers, the four doors). (2) The read-aloud guard from the PlayBook page, if the page carries one - Stage 9's leash becomes a live habit here. (3) The ticket: one multi-leg net-limit order, worked from the mid, never legged, never market (Stages 2, 7, 8). (4) The fill report reconciled against the plan the same day - actual fill vs the mid, fees itemised, the toll journaled in dollars. (5) Management by the written doors only (Stage 8): profit, invalidation, time, max-loss. (6) The journal entry at the sitting: three tags, result in dollars and R, process grade. (7) The feelings file, separately (Stage 9) - Lesson 5 teaches you to read it at the block review.

- The pace rules: the next trade may not open until the previous trade is closed AND journaled AND graded - the block advances paperwork-first, so a fast market can never outrun the record. After any losing trade, the next live trade waits at least one full session (Stage 8's circuit-breaker, extended to the block's rhythm): the revenge window is a known hour in a known state, and the protocol simply is not in the market then. Ten trades at this pace spans weeks of calendar. That is intended: the block is a season, not a weekend.

- The triggers, stated as doors - pre-written, mechanical, not negotiable mid-block (Stage 8's language for exits, applied to the block itself). DOOR 1, A BREACH: any trade the process grade

marks BAD - oversize, unplanned entry, a bent door, a skipped journal - pauses the block; the weekly-review treatment (Stage 9: name it, price it in R, one guard written) must be filed before the next trade; a second breach ends the block. DOOR 2, -2R (-$284 on the example): pause for a full audit of the block's journal - every fill, every grade, the friction totals - before any further trade. DOOR 3, -3R (-$426): the block ends, whatever the calendar says; return to paper for at least twenty compliant trades and a written block review; a second block is a fresh Lesson 6 decision, never an automatic reload. DOOR 4, LIFE: any Stage 0 line changes - work, debt, the emergency fund, sleep, a stop-sign - and the block ends at any score, green included; Lesson 1's re-audit is the only way back in. Note what is absent from all four: embarrassment. Each door is the protocol collecting its data and stopping at the dose it pre-agreed.

RULE: The protocol is written by the calm investigator, in advance - the excited subject doesn't get a vote, a pen, or an exception.

COMMON MISTAKES

- Admitting a CANDIDATE setup 'just for the block.' The block tests proven pages at live weight; candidates gather their evidence on paper, where evidence is free.

- Letting the market set the pace - a second trade opened while the first is unjournaled. The block advances paperwork-first; a trade whose predecessor isn't graded doesn't exist yet, so neither may this one.

- Editing a trigger mid-block. The doors were written by the calm investigator; a floor moved at -$300 is not a floor, and the review will price the edit as the block's most instructive breach.

- Reading the block by its P&L. The review reads the process account, the error account, the friction line and the trigger log - the dollars are recorded last and weighted least (Stage 9's order), because ten trades can't grade a method and were never asked to.

DO IT - WRITE YOUR PROTOCOL CARD

Fill the First-Ten Protocol Card (Downloads) in full, from your own artefacts: the funding page's facts (Lesson 2); the sizing card copied across (Lesson 3); the eligible setups named by their PlayBook pages and verdicts; the per-trade circuit in order; and the four doors priced in your dollars - breach, -2R, -3R, and the life door with your Stage 0 lines named. Sign and date it. This card is gate artefact two of two: held alongside the scored audit (Lesson 1), it completes Stage 10's requirements before any account decision is acted on - Lesson 6's box is where that decision gets recorded. If any panel can't be filled from an artefact you hold, the empty panel is the audit talking: route back to the lesson that owns it.

Education only - not financial advice, and not tax advice. Stage 10's worked figures are the course's labeled example learner - a $25,000 certified figure from Stage 0, a $5,000 tuition tranche - on Stages 7-9's own structures (the 773/775 and 780/785 call debit verticals; the 765/760 put credit) at their printed fills, marked EXAMPLE on the page and on every graphic; its worked block's expectancy is Stage 9's sample log figure; the contract-fee example is Fidelity's published schedule (checked in Stage 2). Its tax statements are general information summarised from IRS Publication 550, IRS Topic No. 409 and the IRS Instructions for Form 1099-B (irs.gov), checked Oct 15, 2026. Going live is optional by design; nothing here promises or implies profitability. Vajgrt Labs - Education.