TRADE JOURNAL

Vajgrt Labs - Education - one entry per trade - Updated Oct 21, 2026

ENTRY 1

Date: _____

Ticker / contract: _____

Direction (call / put): _____

Strike: _____

Expiry / DTE: _____

Delta at entry: _____

Theta at entry: _____

IV at entry: _____

Premium paid (per share / per contract): _____

Breakeven (strike + premium): _____

Why this trade - the plan: _____

Exit rule: _____

What actually happened: _____

Lesson learned: _____

ENTRY 2

Date: _____

Ticker / contract: _____

Direction (call / put): _____

Strike: _____

Expiry / DTE: _____

Delta at entry: _____

Theta at entry: _____

IV at entry: _____

Premium paid (per share / per contract): _____

Breakeven (strike + premium): _____

Why this trade - the plan: _____

Exit rule: _____

What actually happened: _____

Lesson learned: _____

ENTRY 3

Date: _____

Ticker / contract: _____

Direction (call / put): _____

Strike: _____

Expiry / DTE: _____

Delta at entry: _____

Theta at entry: _____

IV at entry: _____

Premium paid (per share / per contract): _____

Breakeven (strike + premium): _____

Why this trade - the plan: _____

Exit rule: _____

What actually happened: _____

Lesson learned: _____

Education only - not financial advice. Options involve substantial risk of loss. Examples use real SPY chain data from Oct 9, 2026. Vajgrt Labs - Education.